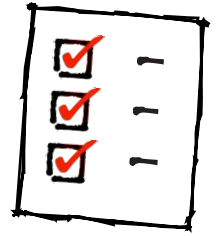


Name:



Day Two

The Lightning Bolt

Part 1: Tricky phrases and words

→ Read these phrases and words **out loud** to your partner.

- But most fans remember Bolt's finish in the 100 meters
- Bolt really had what it took
- sprinter Brian Dzingai told reporters at the Olympics
- Some people thought Bolt should have run hard
- Bolt showed he could keep up the constant effort

- Usain yoo | **SAYN**
- Olympics uh | **LIM** | piks
- personality per | suh | **NAL** | ih | tee
- Jamaica juh | **MAY** | kuh
- flaky **FLAY** | kee
- phenom feh | **NOM**
- Dzingai **ZIN** | geye
- celebration sel | uh | **BRAY** | shun
- accomplishment uh | **KOM** | plish | ment



Decoding practice:

Circle the base words in the longer words below. Remember, a base word shows the core meaning of a longer word. The base word includes no word endings or prefixes. The first one has been done for you.

fastest

lightning

personality

accomplishment

reclaimed



Day Two

// one minute

The Lightning Bolt

Part 2: Last read

WPM _____

Usain Bolt was one of the stars of the 2008 Olympics. He set world records in the 100 meters, the 200, and the relay. But most fans remember Bolt's finish in the 100 meters. He showed the world his strong personality. 41

Bolt had a lot to prove in 2008. The 21-year-old from Jamaica had become one of the world's fastest sprinters. He took second at Worlds in 2007. But people were not sure Bolt really had what it took to be a top athlete. He liked to party and crack jokes. He claimed that chicken tenders were his special training food. Bolt was talented but seemed flaky. 60
74
93
107
109

Other runners, however, respected Bolt. "He's a phenom, man," sprinter Brian Dzingai told reporters at the Olympics. "He's scratching the surface of what he can do. He's the real deal." 120
134
139

The 100 meters was Bolt's first event of the 2008 Olympics. He ran so fast that, by the end of the race, he had a huge lead. He slowed down. Still running, he pounded his chest in celebration. Even so, he broke the world record. 156
173
184

Some people thought Bolt should have run hard the whole race. Others just loved seeing his amazing accomplishment. 198
202

Four years later, Bolt showed he could keep up the constant effort it takes to stay at the top. At the 2012 Olympics he was back, winning three more gold medals. Amazingly, in 2016, Bolt reclaimed the gold in the same three events. He was the first athlete to 'triple-triple' on the world stage. 219
233
249
256

Part 3: Comprehension and discussion

Is it okay for athletes to celebrate a big win on the field? Yes No
Explain your ideas.

Add your partner's ideas.