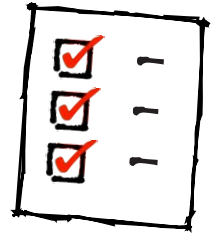


Name:



Day Two

Strong Girls

Part 1: Tricky phrases and words

→ Read these phrases and words **out loud** to your partner.

- That is understandable
- Maybe your friend is changing
- Some girls can be catty or bossy with their friends
- My old friends started spreading rumors about me
- I thought that was childish
- you have to make decisions about the kind of person you want to be

- | | |
|------------------------------------|--------------------------|
| <input type="checkbox"/> realized | REE uh leyezd |
| <input type="checkbox"/> serious | SEER ee us |
| <input type="checkbox"/> frenemies | FREH nuh meez |
| <input type="checkbox"/> spreading | SPREH ding |
| <input type="checkbox"/> rumors | ROO merz |
| <input type="checkbox"/> decisions | dih SIH zhunz |
| <input type="checkbox"/> troubles | TRUH buhlz |



Decoding practice:

Circle the base words in the longer words below. Remember, a base word is a smaller word within a longer word, with no endings or other word parts added.

younger

understandable

catty

bossy

hurtful

friendly

childish

unfriendly



Day Two Strong Girls

// one minute

Part 2: Last read

WPM _____

It may have been easy to make friends when you were younger. As you grew up, you realized that a friend is more than someone to hang around with. A friend is someone you can count on and feel safe around. You may not always get along with a friend. That is understandable. You just have to be smart enough to know when the problem is a serious one. Maybe your friend has met new people and is not spending as much time with you. Maybe your friend is changing and now has different interests.

The young teen years can be challenging. Some girls can be catty or bossy with their friends. Old friends can turn into “frenemies.”

Jada remembers starting middle school. “My old friends started spreading rumors about me. I hadn’t done anything to them. It was really hurtful.”

Sara says, “My best friend wanted to control me: what I did, how I dressed, who else I was friendly with. I thought that was childish.”

If your friends are acting unfriendly, you have a choice. No one is in charge of you except you—and your family, of course! As you get older, you have to make decisions about the kind of person you want to be. If you have friend troubles, talk to an adult! For girls, there is a group called Strong Women, Strong Girls. You can find them online.

Part 3: Comprehension and discussion

What would you say to a friend who was trying to control you?

Check with your partner. Would your partner say the same kind of thing or something very different?
