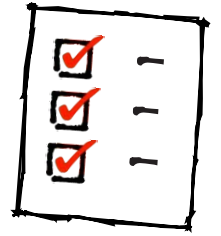


Name:

## Day Two

# Losing It!

### Part 1: Tricky phrases and words



→ Read these phrases and words **out loud** to your partner.

- We come up against name-callers
- We may want to lash out at the people who really bother us
- A group of people who study youth violence
- They found that just over 5 percent of students
- believed that a lot of other students also carried guns

- |                                      |                                |
|--------------------------------------|--------------------------------|
| <input type="checkbox"/> calm        | <b>CAHM</b>                    |
| <input type="checkbox"/> steady      | <b>STED</b>   ee               |
| <input type="checkbox"/> instigators | <b>IN</b>   stih   gay   terz  |
| <input type="checkbox"/> threatening | <b>THREH</b>   tuhn   ing      |
| <input type="checkbox"/> violence    | <b>VEYE</b>   uh   lens        |
| <input type="checkbox"/> significant | sig   <b>NIH</b>   fih   kuhnt |
| <input type="checkbox"/> serious     | <b>SEER</b>   ee   us          |



### Decoding practice:

Circle the two base words in the compounds below. The first one is done for you.

anybody

backstab

payback

mainstream

lifeline

someone



# Day Two Losing It!

// one minute

## Part 2: Last read

WPM \_\_\_\_\_

Anybody can lose it from time to time. But why is it so important to stay cool?

Keeping calm, steady, and in control can be tricky. People do things all the time that get us really angry. We come up against name-callers, instigators, and backstabbers. We may want to lash out at the people who really bother us. It's fine to feel anger. But it's a mistake to react in an out-of-control way. Dissing and threatening payback are always bad choices. The result is usually harsh and may even put your life at risk.

A group of people who study youth violence asked high school students in Boston a question. How many students carry guns? They found that just over 5 percent of students reported ever carrying a gun. Most of the students who had carried guns were boys, but a smaller number of girls had carried a gun, too. Students with gun histories believed that a lot of other students also carried guns. They thought that they were in the mainstream. They may have also felt a real need to protect themselves. But these students did not have all the facts.

If there is a possibility that students are carrying guns, there is significant concern that fights could blow up into serious violence. Students may worry that if someone loses their cool, they will pull out a gun. Students need help to not use violence when they lose their cool. Learning to stay cool can be a lifeline!

## Part 3: Comprehension and discussion

What kind of behavior by other people really pushes your buttons?

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Compare your answer with what your partner says. Do the same things bother both of you?

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