

Name:

Day One

A Victim's Story

Part 1: Silent read

➔ What happens to victims of bullying? Read silently.

Jason Beltran was bullied for years. "I was punched, pushed, and tripped," he remembers. "Classmates called me every name in the book." Today, Jason is a peer advocate at his middle school. He works to stop bullying.

For Jason, the worst part was not being hit. What hurt the most was being ignored by classmates. He remembers being the only person at his lunch table. In gym, he was the only one without a partner. In science class, when students did labs, Jason worked alone.

Bullying is serious. Like Jason Beltran, victims can be hurt through words or actions. Victims are at risk for depression, low grades, and other problems. Bullies are also at risk. They are more likely to abuse drugs and drop out. Experts say that bullying is often in the background in cases of teen suicide. Memories of bullying can harm people their entire lives.

Talking about bullying in the classroom can help. Hearing victims' stories can make students less likely to target others. Students also need to know what is and what is not acceptable.

Jason has learned that most bullies don't mean to really hurt people. Sometimes they are just bored and want something to do. Or they may be going along with their friends. Whatever the reasons, bullying is serious. When Jason presents at school, he gives that message. "It doesn't have to be this way," he says.



Day One

// one minute

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Part 2: First timed read

WPM _____

Jason Beltran was bullied for years. "I was punched, pushed, and tripped," he remembers. "Classmates called me every name in the book." Today, Jason is a peer advocate at his middle school. He works to stop bullying.

For Jason, the worst part was not being hit. What hurt the most was being ignored by classmates. He remembers being the only person at his lunch table. In gym, he was the only one without a partner. In science class, when students did labs, Jason worked alone.	54 69 84 85
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Part 3: Comprehension and discussion

What can happen to the victims of bullying?

For Jason, what was the worst part of being bullied?

Day One

A Victim's Story

Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- Pause at each / mark for a phrase.
- Also pause at each // mark that shows the end of a sentence.

Jason Beltran was bullied for years. // “I was punched, / pushed, / and tripped,” / he remembers. // “Classmates called me every name in the book.” // Today, / Jason is a peer advocate at his middle school. // He works to stop bullying. //

For Jason, / the worst part was not being hit. // What hurt the most / was being ignored by classmates. // He remembers being the only person at his lunch table. // In gym, / he was the only one without a partner. // In science class, / when students did labs, / Jason worked alone. //

Bullying is serious. // Like Jason Beltran, / victims can be hurt through words / or actions. // Victims are at risk for depression, / low grades, / and other problems. // Bullies are also at risk. // They are more likely to abuse drugs / and drop out. // Experts say that bullying is often in the background / in cases of teen suicide. // Memories of bullying / can harm people their entire lives. //

Talking about bullying in the classroom can help. // Hearing victims' stories / can make students less likely to target others. // Students also need to know what is / and what is not / acceptable. //

Jason has learned / that most bullies don't mean to really hurt people. // Sometimes they are just bored / and want something to do. // Or they may be going along with their friends. // Whatever the reasons, / bullying is serious. // When Jason presents at school, / he gives that message. // “It doesn't have to be this way,” / he says. //

I read the passage in phrases out loud to my partner.