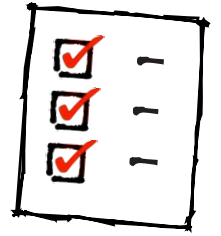


Name:



Day Two

Mixed Martial Arts

Part 1: Tricky phrases and words

→ Read these phrases and words **out loud** to your partner.

- And supporters of mixed martial arts
- It builds self-discipline
- to let out aggression
- they see a different perspective
- Kwak made his case
- His campaign to give mixed martial arts a home

- | | |
|--|--------------------------------|
| <input type="checkbox"/> Kwak | KWAWK |
| <input type="checkbox"/> controversial | kon trah VER shul |
| <input type="checkbox"/> aggression | uh GRESH uhn |
| <input type="checkbox"/> permission | per MIH shun |
| <input type="checkbox"/> martial | MAR shul |
| <input type="checkbox"/> discipline | DIH sih plin |
| <input type="checkbox"/> violent | VEYE lent |
| <input type="checkbox"/> impressed | im PREST |
| <input type="checkbox"/> campaign | kam PAYN |



Decoding practice:

Circle the base word in the adjectives below. Underline the suffix—the suffix comes after the base word. The first one is done for you.

active

beefy

healthy

thuggish

successful



Day Two

// one minute

Mixed Martial Arts

Part 2: Last read

WPM _____

When he was a freshman, In-Goo Kwak wanted to get more active. He went to Winchester High School. None of the sports the school offered seemed right. He didn't want to play football. He was not a beefy jock. So he decided to form a club for mixed martial arts. 51

Mixed martial arts is a controversial sport. It combines boxing, kick-boxing, wrestling, and martial arts. Fights can be brutal. In one fight, an amateur fighter named Donshay White was killed. Several other people have also been killed doing mixed martial arts. 65 80 93

However, athletes die in other sports, too. A few football players die each year. Boxers have been killed in the ring. And supporters of mixed martial arts say that it is a healthy sport. It requires great skill. It builds self-discipline. And it gives young people a chance to let out aggression. "A lot of people might think it's thuggish or too violent," says one instructor. "But after awhile, they see a different perspective." 108 126 143 159 168

Kwak made his case to Winchester school officials. He researched safety measures. He raised money. The officials were impressed. They gave him permission to start his club. 181 195

Three years later, Kwak was a senior. His club had over 20 members. His campaign to give mixed martial arts a home at Winchester High School was successful. 212 223

Part 3: Comprehension and discussion

Do you think your school should offer mixed martial arts as a school activity? Why or why not?

Check in with your partner. What does your partner think?

Yes

Maybe

Definitely no