

**Name:**

## **Day One**

# **Just Joking . . . Not!**

### **Part 1: Silent read**

→ Is bullying really a joke? Read silently.

It was only a joke! This is often what bullies say. But bullies know they are really being hurtful. People who bully often have followers. Followers support the bully by laughing. They may even say and do mean things themselves. But bullying is never a joke. It means that the bully is using power to hurt someone else. The victim will often say it's okay. They may want friends at any cost. But victims of bullying are at risk for all kinds of problems. Victims can have physical problems like headaches. They may have trouble eating and sleeping. Victims can also feel depressed and alone.

Some state laws say that all schools must teach anti-bullying. Schools must also have plans for what to do when bullying takes place. Many people think that bystanders are important to bullying. Bystanders? Who are they? They are students who watch and often do nothing. Schools are teaching bystanders to stand up to a bully. Instead of supporting the bully, they can support the victim.

A lot of kids say they will never tell adults because it won't change anything. Most bullies are never reported. Students often think that teachers and parents will not protect them. But one parent said, "Kids should try telling adults what is going on. Most parents and teachers care about this. We can't help out if we don't know the full story."

We must take the power back from the bullies! A real joke makes everyone laugh!



# Day One

// one minute

## Just Joking . . . Not!

### Part 2: First timed read

WPM \_\_\_\_\_

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### Part 3: Comprehension and discussion

What do followers and bystanders do that can support a bully?

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What kinds of problems does bullying cause for the victims?

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## Day One

# Just Joking . . . Not!

### Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- Pause at each / mark for a phrase.
- Also pause at each // mark that shows the end of a sentence.

It was only a joke! // This is often what bullies say. // But bullies know they are really being hurtful. // People who bully often have followers. // Followers support the bully / by laughing. // They may even say and do mean things themselves. // But bullying is never a joke. // It means that the bully is using power / to hurt someone else. // The victim will often say it's okay. // They may want friends at any cost. // But victims of bullying are at risk for all kinds of problems. // Victims can have physical problems like headaches. // They may have trouble eating and sleeping. // Victims can also feel depressed and alone. //

Some state laws say that all schools must teach anti-bullying. // Schools must also have plans for what to do when bullying takes place. // Many people think that bystanders are important to bullying. // Bystanders? // Who are they? // They are students who watch and often do nothing. // Schools are teaching bystanders to stand up to a bully. // Instead of supporting the bully, / they can support the victim. //

A lot of kids say they will never tell adults / because it won't change anything. // Most bullies are never reported. // Students often think that teachers and parents will not protect them. // But one parent said, / "Kids should try telling adults what is going on. // Most parents and teachers care about this. // We can't help out / if we don't know the full story." //

We must take power back from the bullies! // A real joke makes everyone laugh! //

I read the passage in phrases out loud to my partner.