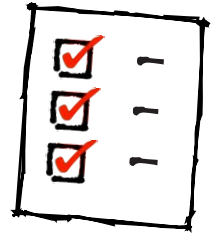


Name:



Day Two

Mary Cain: She Did It!

Part 1: Tricky phrases and words

→ Read these phrases and words **out loud** to your partner.

- Mary Cain was running in the Olympic Trials
- who almost always took first place
- with half a lap left in the race
- She had broken the high school 800-meter record
- The interviewer asked her about the new record

- Olympic uh | **LIM** | pik
- Trials **TRY** | ulz
- Cain **CAYN**
- challenge **CHAL** | inj
- meter **MEE** | tur
- athletes **ATH** | leets
- interview **IN** | tur | vyoo



Decoding practice:

Circle the base words in the longer words below. Remember, a base word shows the core meaning of a longer word. The base word includes no word endings or prefixes. The first one has been done for you.

runners

tenth

faster

winning

worker

softly

broken



Day Two

// one minute

Mary Cain: She Did It!

Part 2: Last read

WPM _____

Mary Cain was running in the Olympic Trials in the 800-meter race. This was a big meet full of world-class runners. Mary had just turned 16 and was in tenth grade. She was happy just to be running! She ran fast, but other athletes were faster. Mary did not make the finals. 54

Mary was used to winning. On her high school team, she was a star who almost always took first place. She was also a hard worker who loved a challenge. She loved setting new records. The high school 800-meter record had held for 30 years. Could Mary break it? 71
88
104

One year later, Mary got to try again. She was 17 and in eleventh grade. Again, she was running at a big meet with world-class athletes. The top runners went out hard. Mary was at the back of the pack. Then, with half a lap left in the race, she seemed to jump forward. One by one, she passed the other runners and flew across the finish line. She came in fifth. 122
139
159
177

After the race, Mary's coach spoke softly in her ear. A smile lit up Mary's face. She cried, "Yes!" Full of joy, she tapped the track with her fist. She had broken the high school 800-meter record. 195
213
215

Mary did an interview with *NBC* just after the race. The interviewer asked her about the new record. Mary was still smiling. "I knew I could do it," she said. "I knew I could!" 231
249

Part 3: Comprehension and discussion

How do you think Mary felt going back to school after breaking a record?

Talk to your partner. Write down your partner's ideas about this.
