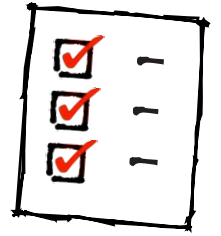


Name:



Day Two

Relational Aggression

Part 1: Tricky phrases and words

→ Read these phrases and words **out loud** to your partner.

- Relational aggression is a kind of non-physical bullying
- or excluding someone from conversations
- Name-calling and backstabbing are also relational aggression
- Experts disagree about the causes
- they may also be people with healthy egos

- relational rih | **LAY** | shuhn | uhl
- aggression uh | **GRESH** | uhn
- excluding eks | **KLOO** | ding
- status **STAY** | tuhs or **STAH** | tuhs
- egos **EE** | gohz



Decoding practice:

Circle the base words in the longer words below. Remember, a base word is a smaller word within a longer word, with no endings or other word parts added.

seventh

supportive

excluding

emotional

healthy

disagree



Day Two

// one minute

Relational Aggression

Part 2: Last read

WPM _____

Jess was a popular seventh grader. One night she saw a Facebook message that her best friend had sent. "I was thinking it might be a joke or plans for something fun." But instead, Jess's friend was dropping her. The next day in school, nobody would sit with Jess at lunch. People laughed in a mean way when she made a tiny mistake in math class. "It was like a switch had flipped," Jess said.

This was an act of relational aggression. Relational aggression is a kind of non-physical bullying. It can include spreading gossip, jumping up from a lunch table when a certain person sits down, or excluding someone from conversations or parties. Name-calling and backstabbing are also relational aggression. Some students call it "outcasting."

Girls are more likely to use relational aggression, but boys can bully this way, too. Experts disagree about the causes. Sometimes, these bullies have low self-esteem. They may target others to raise their own status. However, they may also be people with healthy egos who bully to stay popular.

With relational aggression, just a few words can do real emotional damage. However, just a few supportive words can help, too. After Jess lost her best friend, she had to ride the bus on her own. One day, another group of seventh graders invited her to sit with them.

"I still remember that," Jess says.

Part 3: Comprehension and discussion

In your experience, what is most hurtful? Name-calling? Backstabbing? Spreading gossip? Something else? Give reasons for your answer.

Check with your partner. Does your partner have a different opinion?
