

Name:

Day One

Myron Rolle: A Role Model

Part 1: Silent read

→ Find out what makes Myron Rolle a role model. Read silently.

We often see college football players on the news. Sometimes, they have done great work on the field. Other times, they have made bad choices off the field, fighting or cheating or using drugs. Myron Rolle broke this grim pattern. He proved that football players can be great people off the field, too.

Early on, Myron was an outstanding player. He was ranked the number one high school player by ESPN. He was an All-American at Florida State University. He had 206 tackles at FSU. The next step was the NFL draft. Or was it?

Myron Rolle had always been more than a topnotch player. His parents pushed him to work hard in school. In high school, he wrote for the school paper, played the saxophone, and acted in the school play. He was a volunteer, helping out and giving back.

In college, Myron wanted to be a doctor. He dreamed of opening his own clinic. He started programs to help foster kids and Native American kids.

Then came the end of college. Rolle faced a hard choice. He could study medicine in England, or he could enter the NFL draft.

Myron chose medicine. He spent a year in England and got a degree. When he came back, he played in the NFL, but kept up his work as a leader and a volunteer.

After the NFL, Rolle went back to FSU. This time, he was in FSU's medical school. Today, this amazing player and leader is a brain doctor.



Day One

// one minute

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Part 2: First timed read

WPM _____

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Early on, Myron was an outstanding player. He was ranked the number one high school player by ESPN. He was an All-American at Florida State University. He had 206 tackles at FSU. The next step was the NFL draft. Or was it? 68
83
96

Myron Rolle had always been more than a topnotch player. His parents pushed him to work hard in school. In high school, he wrote for the school paper, played the saxophone, and acted in the school play. He was a volunteer, helping out and giving back. 111
126
141
142

In college, Myron wanted to be a doctor. He dreamed of opening his own clinic. He started programs to help foster kids and Native American kids. 158
164

Then came the end of college. Rolle faced a hard choice. He could study medicine in England, or he could enter the NFL draft. 184
192

Myron chose medicine. He spent a year in England and got a degree. When he came back, he played in the NFL, but kept up his work as a leader and a volunteer. 208
225

After the NFL, Rolle went back to FSU. This time, he was in FSU's medical school. Today, this amazing player and leader is a brain doctor. 241
251

Part 3: Comprehension and discussion

What makes Myron Rolle a great person?

Why did Myron Rolle go to England?

Day One

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Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- Pause at each / mark for a phrase.
- Also pause at each // mark that shows the end of a sentence.

We often see college football players on the news. // Sometimes, / they have done great work on the field. // Other times, / they have made bad choices off the field, / fighting or cheating or using drugs. // Myron Rolle broke this grim pattern. // He proved that football players / can be great people off the field, / too. //

Early on, / Myron was an outstanding player. // He was ranked the number one high school player by ESPN. // He was an All-American at Florida State University. // He had 206 tackles at FSU. // The next step was the NFL draft. // Or was it? //

Myron Rolle had always been more than a topnotch player. // His parents pushed him to work hard in school. // In high school, / he wrote for the school paper, / played the saxophone, / and acted in the school play. // He was a volunteer, / helping out / and giving back. //

In college, / Myron wanted to be a doctor. // He dreamed of opening his own clinic. // He started programs to help foster kids / and Native American kids. //

Then came the end of college. // Rolle faced a hard choice. // He could study medicine in England, / or he could enter the NFL draft. //

Myron chose medicine. // He spent a year in England / and got a degree. // When he came back, / he played in the NFL, / but kept up his work as a leader / and a volunteer. //

After the NFL, / Rolle went back to FSU. // This time, / he was in FSU's medical school. // Today, / this amazing player and leader is a brain doctor. //

I read the passage in phrases out loud to my partner.