

Name:



Day Two

Food and Family

Part 1: Tricky phrases and words

→ Read these phrases and words **out loud** to your partner.

- that extra weight was putting a terrible strain on her body
- They risk serious health problems
- If obesity threatens a child's life
- the state should broach this idea
- They say that obesity may be out of parents' control

- weighed **WAYD**
- energy **EN** | ur | jee
- serious **SEER** | ee | us
- threatens **THREH** | tenz
- obesity oh | **BEE** | sih | tee



Decoding practice:

- Underline the vowel combo in the words below
- Write a long vowel sign $\bar{\quad}$ above the first vowel in the vowel combo
- Put a slash / through the second vowel in the vowel combo

Then read the word to your partner. Make the first vowel long (it says its name).
Make the second vowel silent. The first one has been done for you.

play

strain

bleak

gaining

drain

sneak

broach

failed



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// one minute

Part 2: Last read

WPM _____

When Ana was just one, she weighed 65 pounds. Doctors warned Ana's parents that extra weight was putting a terrible strain on her body. But Ana kept on gaining weight. By age three, Ana weighed 124 pounds. Her future looked bleak. So the state took an extreme step. Ana was taken from her parents and placed in foster care. 59

Millions of American children are obese. They struggle to play with their friends. 72
 Climbing stairs drains their energy. They risk serious health problems and early death. If 86
 obesity threatens a child's life, are the parents to blame? Should very obese children be 101
 removed from their homes? 105

One doctor says that, in extreme cases, the state should broach this idea. He believes it is 122
 a difficult choice. "But when we have a 400 pound child, there may not be any great 139
 choices," he says. "That child could die!" 146

Other doctors disagree. They say that obesity may be out of parents' control. Kids may 161
 sneak extra food that their parents don't know about. Genes also play a role in obesity. 177
 Foster care won't help all obese children. 184

Ana was in foster care for over two months. When she failed to lose any weight, she was 202
 returned home. Ana is older now. She believes that obese children should stay with their 217
 families. She spoke to the TV show, *Good Morning America*. "To get better, you need to 233
 be with your family and have their support," she said. 243

Part 3: Comprehension and discussion

What do you think? If a 3-year-old child is extremely obese, should the state think about placing the child in foster care? Why or why not?

Check with your partner. What does your partner think?
