

Name:

Day One

Peer Pressure: Pushing Back

Part 1: Silent read

➔ Is it ever smart to stand up to your friends? Read silently.

Asia is enjoying herself at a party when Jake, the cute boy from her math class, approaches. He thrusts a plastic cup in her direction. “Hey Asia, do you want a beer?” he asks. Asia is flustered. She doesn’t drink, but she is attracted to Jake, and she wants him to like her. What should she say?

Like all teens at some point, Asia is feeling peer pressure. Teens spend more time with peers than they do with their families or other adults. Many teens feel intense pressure to conform. They worry that they will be criticized or excluded if they dress, talk, or act too differently.

The best way to resist peer pressure is to be prepared to speak your mind assertively but not aggressively. Say “no” by standing up straight, looking the person in the eye, and saying in a pleasant but firm voice, “I don’t want to.”

Asia takes a deep breath. She stands up straight, smiles, and looks Jake in the eye. “No thanks, I don’t drink,” she says. “Are you going to the basketball game next weekend?” Jake sets the beer down, and soon they are talking with two other classmates about basketball. Asia is delighted to be talking to Jake and proud that she stayed true to herself. The next time she feels peer pressure she will know exactly what to do.



Day One

// one minute

Peer Pressure: Pushing Back

Part 2: First timed read

WPM _____

Asia is enjoying herself at a party when Jake, the cute boy from her math class, approaches. He thrusts a plastic cup in her direction. “Hey Asia, do you want a beer?” he asks. Asia is flustered. She doesn’t drink, but she is attracted to Jake, and she wants him to like her. What should she say? 57

Like all teens at some point, Asia is feeling peer pressure. Teens spend more time with peers than they do with their families or other adults. Many teens feel intense pressure to conform. They worry that they will be criticized or excluded if they dress, talk, or act too differently. 72
87
102
107

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134
150

Asia takes a deep breath. She stands up straight, smiles, and looks Jake in the eye. “No thanks, I don’t drink,” she says. “Are you going to the basketball game next weekend?” Jake sets the beer down, and soon they are talking with two other classmates about basketball. Asia is delighted to be talking to Jake and proud that she stayed true to herself. The next time she feels peer pressure she will know exactly what to do. 166
181
195
209
224
228

Part 3: Comprehension and discussion

Why do many teens feel intense peer pressure?

What is the best way to say “no” when you feel peer pressure?

Day One

Peer Pressure: Pushing Back

Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- Pause at each / mark for a phrase.
- Also pause at each // mark that shows the end of a sentence.

Asia is enjoying herself at a party when Jake, / the cute boy from her math class, / approaches. // He thrusts a plastic cup in her direction. // “Hey Asia, / do you want a beer?” / he asks. // Asia is flustered. // She doesn’t drink, / but she is attracted to Jake / and she wants him to like her. // What should she say? //

Like all teens at some point, / Asia is feeling peer pressure. // Teens spend more time with peers than they do with their families or other adults. // Many teens feel intense pressure to conform. // They worry that they will be criticized or excluded if they dress, / talk, / or act / too differently. //

The best way to resist peer pressure is to be prepared to speak your mind assertively / but not aggressively. // Say “no” by standing up straight, / looking the person in the eye, / and saying, / in a pleasant but firm voice, / “I don’t want to.” //

Asia takes a deep breath. // She stands up straight, / smiles, / and looks Jake in the eye. // “No thanks, / I don’t drink,” / she says. // “Are you going to the basketball game next weekend?” // Jake sets the beer down, / and soon they are talking with two other classmates about basketball. // Asia is delighted to be talking to Jake / and proud that she stayed true to herself. // The next time she feels peer pressure / she will know exactly what to do. //

I read the passage in phrases out loud to my partner.