

Name:

## Day Two

# Don't Eat With Your Hands

## Part 1: Tricky phrases and words



→ Read these phrases and words **out loud** to your partner.

- She worried about how she would eat
- to learn the right way to eat with utensils
- people make a mash of roots or corn
- They form the mash into balls
- eating with hands is “very warm and gentle”

- |                          |          |                  |
|--------------------------|----------|------------------|
| <input type="checkbox"/> | Sahni    | SAW   nee        |
| <input type="checkbox"/> | Europe   | YUR   up         |
| <input type="checkbox"/> | solution | suh   LOO   shun |
| <input type="checkbox"/> | utensils | you   TEN   sulz |



### Decoding practice:

Circle the base words in the longer words below. The base is a word part that shows the core meaning. The first one is done for you.

American

impolite

children

Southern

Indian



## Day Two

// one minute

# Don't Eat With Your Hands

Part 2: Last read

WPM \_\_\_\_\_

“Don't eat with your hands!” Many American children hear these words at mealtimes. However, in some parts of the world, eating with your hands is the custom.

Julie Sahni, a writer and cooking teacher, grew up in India. As a child, she always ate	44
with her right hand. In college, she won a dance contest, which meant a trip to Europe.	61
She worried about how she would eat with a fork and knife. What was her solution? She	78
took a class to learn the right way to eat with utensils.	90

There are important things to know about eating with your hands, too. Usually, people	104
first wash their hands. If they are Muslim, they say a prayer of thanks.	118

In parts of India, people only use their thumb, pointer, and middle finger to eat. It is	135
impolite to use other fingers. In parts of Asia, people use flat bread to put food into their	153
mouths. In Central and Southern Africa, people make a mash of roots or corn. They form	169
the mash into balls and scoop their food.	177

Ms. Sahni thinks eating with hands is “very warm and gentle...” She won't use a knife	193
and fork in Indian restaurants in New York. It doesn't matter to her if the restaurant is	210
fancy. It doesn't matter to her if she is the only one eating with her hands!	226

### Part 3: Comprehension and discussion

What are some foods you eat with your hands?

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Share your answer with your partner. Are your answers the same or different?

- We eat pretty much the same things with our hands
- We eat different things with our hands