

Name:

Day Two

Who's to Blame?

Part 1: Tricky phrases and words



→ Read these phrases and words **out loud** to your partner.

- this is a question some doctors are asking
- if they are 50 percent above their recommended weight
- after his weight ballooned to 200 pounds
- Clinics can help families limit sugary drinks and junk food
- He was so heavy he often had to strain to breathe

- seriously **SEER** | ee | us
- obese oh | **BEES**
- recommended rek | uh | **MEN** | did
- resort rih | **ZORT**
- emergency ih | **MER** | jen | see
- social **SOH** | shul
- successfully suk | **SES** | ful | ee



Decoding practice:

- Underline the vowel combo in the words below
- Write a long vowel sign $\bar{\quad}$ above the first vowel in the vowel combo
- Put a slash / through the second vowel in the vowel combo

Then read the word to your partner. Make the first vowel long (it says its name).
Make the second vowel silent. The first one has been done for you.

gain Keene strain breathe groan glean



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// one minute

Part 2: Last read

WPM _____

When children are seriously obese, is their home to blame? As American children get heavier, this is a question some doctors are asking. Children are obese if they are 50 percent above their recommended weight. Blood sugar, lung, and heart problems can shorten their lives.

In some states, children have been taken from their homes when their weight gain got out of hand.	61
A third grader in Ohio was put in foster care after his weight ballooned to 200 pounds.	79
Dr. Norman Fost told <i>The LA Times</i> that this should only be a last resort. “You try everything else first.”	96
Clinics can help families limit sugary drinks and junk food and get children moving.	111
The Ohio boy was placed in foster care for six months and then returned to his family.	127
He had lost more than 50 pounds.	138

Mr. and Mrs. Keene nearly had their son Anthony taken from them. At age 5, Anthony weighed 140 pounds.	154
He was so heavy he often had to strain to breathe. One night, the Keenes heard Anthony groan in pain.	171
They rushed him to an emergency room. Anthony was hooked up to a machine to control his breathing.	185
	195

Social workers set up a care plan for Anthony and his family. “That hospital trip was a real wakeup call for us,” Mrs. Keene said.	212
“I had no idea that Anthony’s weight problem was so serious.”	228
A hospital program helps the Keenes glean advice on how Anthony can successfully control his weight.	243
	247

Part 3: Comprehension and discussion

Do you think that Anthony’s breathing problem was his parents’ fault?

What does your partner think? Do you agree or disagree?
