

Name:

Day One

Deep Friendships: Not Just for Girls

Part 1: Silent read

➔ Can boys have close relationships? Read silently.

Friends matter to males! In the U.S., an old stereotype says that friendship is important to girls but not as important to boys. People are starting to realize that this is wrong. Boys need strong friendships to be happy and healthy.

One 15-year-old boy talked to psychologist Niobe Way. In her book *Deep Secrets*, Dr. Way tells Justin's story. He and his best friend have a special bond. Justin said, "I guess in life, sometimes two people can really understand each other and really have a trust, respect, and love for each other."

Dr. Way says this kind of friendship is natural and healthy. Friendships can help boys deal with stress. With a close friend, boys can talk about feelings and solve problems with school, family, and everyday life.

Young boys instinctively seek out deep friendships. However, as they grow older, they may be scared to show that their friends are important. They may become scornful of talking about feelings and sharing secrets. They may believe that "real" men can swagger through life without trusted friends.

Dr. Way thinks that boys need close friends. If boys don't have deep friendships, they can become lonely or depressed. Dr. Way told *The New Yorker* magazine, "Boys want in-depth friendships in which secrets are shared." For boys as much as girls, close friends are essential.

Source: "Ask an Academic: The Secrets of Boys," *The New Yorker*, March 15, 2011.



Day One

// one minute

Deep Friendships: Not Just for Girls

Part 2: First timed read

WPM _____

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74
89
95

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125
131

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158
172
178

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207
222
225

Part 3: Comprehension and discussion

What are people beginning to realize about boys?

What should friends in a deep friendship be able to do?

Day One

Deep Friendships: Not Just for Girls

Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- Pause at each / mark for a phrase.
- Also pause at each // mark that shows the end of a sentence.

Friends matter to males! // In the U.S., / an old stereotype says that friendship is important to girls / but not as important to boys. // People are starting to realize that this is wrong. // Boys need strong friendships to be happy and healthy. //

One 15-year-old boy talked to psychologist Niobe Way. // In her book *Deep Secrets*, / Dr. Way tells Justin’s story. // He and his best friend have a special bond. // Justin said, / “I guess in life, / sometimes two people can really understand each other / and really have a trust, / respect, / and love for each other.” //

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I read the passage in phrases out loud to my partner.