

**Name:**

## Day One

# Mean Girls

### Part 1: Silent read

➔ What happens when friends turn on you? Read silently.

“I want you to read this later,” Shayla said as she quickly handed Kendra an envelope. Kendra took the note and put it in her backpack, planning to read it on the way home. “Maybe she bought me an early birthday card,” Kendra thought. After school, she opened the envelope slowly, expecting an enjoyable surprise.

“Dear Kendra,” she read. “After careful consideration, I have decided that I can no longer continue to be your friend. Everyone says you are too geeky and you know you never fit in with us. Please do not try to talk to me in the future.” Kendra felt sick and crumpled the hateful note up.

The next morning, Kendra woke up feeling hopeless and defeated. Instead of getting ready for school, she simply lay in bed until her mother came in. To her mother’s surprise, Kendra burst out crying. She screamed, “I hate my friends, I hate my life, and I am never going to school again!”

Many girls have had hurtful things said or done to them at school. Some, like Kendra, suffer at the hands of their best friends. Experts use the term “relational aggression” to describe how students, most often girls, hurt their own friends through harmful words and behavior. Both the students who are victims of this kind of aggression and the students who are aggressors may end up depressed or anxious.



# Day One Mean Girls

// one minute

## Part 2: First timed read

WPM \_\_\_\_\_

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84  
103  
110

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139  
155  
162

Many girls have had hurtful things said or done to them at school. Some, like Kendra, suffer at the hands of their best friends. Experts use the term “relational aggression” to describe how students, most often girls, hurt their own friends through harmful words and behavior. Both the students who are victims of this kind of aggression and the students who are aggressors may end up depressed or anxious. 177  
191  
204  
218  
231

## Part 3: Comprehension and discussion

What is relational aggression?

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Why didn't Kendra want to go to school again?

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## Day One

# Mean Girls

### Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- Pause at each / mark for a phrase.
- Also pause at each // mark that shows the end of a sentence.

“I want you to read this later,” / Shayla said / as she quickly handed Kendra an envelope. //  
Kendra took the note / and put it in her backpack, / planning to read it on the way home. //  
“Maybe she bought me an early birthday card,” / Kendra thought. // After school, / she opened  
the envelope slowly, / expecting an enjoyable surprise. //

“Dear Kendra,” / she read. // “After careful consideration, / I have decided that I can no longer  
continue to be your friend. // Everyone says you are too geeky / and you know you never fit in  
with us. // Please do not try to talk to me in the future.” // Kendra felt sick / and crumpled the  
hateful note up. //

The next morning, / Kendra woke up / feeling hopeless and defeated. // Instead of getting ready  
for school, / she simply lay in bed until her mother came in. // To her mother’s surprise, / Kendra  
burst out crying. // She screamed, / “I hate my friends, / I hate my life, / and I am never going to  
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Many girls have had hurtful things / said or done to them at school. // Some, / like Kendra, /  
suffer at the hands of their best friends. // Experts use the term “relational aggression” / to  
describe how students, / most often girls, / hurt their own friends through harmful words / and  
behavior. // Both the students who are victims of this kind of aggression / and the students who  
are aggressors / may end up depressed or anxious. //

I read the passage in phrases out loud to my partner.