Name:

Day One Mean Giris

Part 1: Silent read

→ What happens when friends turn on you? Read silently.

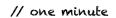
"I want you to read this later," Shayla said as she quickly handed Kendra an envelope. Kendra took the note and put it in her backpack, planning to read it on the way home. "Maybe she bought me an early birthday card," Kendra thought. After school, she opened the envelope slowly, expecting an enjoyable surprise.

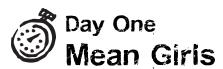
"Dear Kendra," she read. "After careful consideration, I have decided that I can no longer continue to be your friend. Everyone says you are too geeky and you know you never fit in with us. Please do not try to talk to me in the future." Kendra felt sick and crumpled the hateful note up.

The next morning, Kendra woke up feeling hopeless and defeated. Instead of getting ready for school, she simply lay in bed until her mother came in. To her mother's surprise, Kendra burst out crying. She screamed, "I hate my friends, I hate my life, and I am never going to school again!"

Many girls have had hurtful things said or done to them at school. Some, like Kendra, suffer at the hands of their best friends. Experts use the term "relational aggression" to describe how students, most often girls, hurt their own friends through harmful words and behavior. Both the students who are victims of this kind of aggression and the students who are aggressors may end up depressed or anxious.

Passage 6 p. 30





Part 2: First timed read

WPM "I want you to read this later," Shayla said as she quickly handed Kendra an envelope. Kendra took the note and put it in her backpack, planning to read it on the way home. "Maybe she bought me an early birthday card," Kendra thought. After school, she opened the envelope slowly, expecting an enjoyable surprise. 55 "Dear Kendra," she read. "After careful consideration, I have decided that I can no 69 longer continue to be your friend. Everyone says you are too geeky and you know 84 you never fit in with us. Please do not try to talk to me in the future." Kendra felt 103 sick and crumpled the hateful note up. 110 The next morning, Kendra woke up feeling hopeless and defeated. Instead of getting 123 ready for school, she simply lay in bed until her mother came in. To her mother's 139 surprise, Kendra burst out crying. She screamed, "I hate my friends, I hate my life, and 155 I am never going to school again!" 162 Many girls have had hurtful things said or done to them at school. Some, like 177 191 Kendra, suffer at the hands of their best friends. Experts use the term "relational aggression" to describe how students, most often girls, hurt their own friends through 204 harmful words and behavior. Both the students who are victims of this kind of 218 231 aggression and the students who are aggressors may end up depressed or anxious. Part 3: Comprehension and discussion What is relational aggression? Why didn't Kendra want to go to school again?

Passage 6 p. 31

Day One Mean Girls

Part 4: Phrase-cued reading

- Read the passage **out loud** in phrases to your partner.
- → Pause at each / mark for a phrase.
- → Also pause at each // mark that shows the end of a sentence.

"I want you to read this later," / Shayla said / as she quickly handed Kendra an envelope. //
Kendra took the note / and put it in her backpack, / planning to read it on the way home. //
"Maybe she bought me an early birthday card," / Kendra thought. // After school, / she opened
the envelope slowly, / expecting an enjoyable surprise. //

"Dear Kendra," / she read. // "After careful consideration, / I have decided that I can no longer continue to be your friend. // Everyone says you are too geeky / and you know you never fit in with us. // Please do not try to talk to me in the future." // Kendra felt sick / and crumpled the hateful note up. //

The next morning, / Kendra woke up / feeling hopeless and defeated. // Instead of getting ready for school, / she simply lay in bed until her mother came in. // To her mother's surprise, / Kendra burst out crying. // She screamed, / "I hate my friends, / I hate my life, / and I am never going to school again!"//

Many girls have had hurtful things / said or done to them at school. // Some, / like Kendra, / suffer at the hands of their best friends. // Experts use the term "relational aggression" / to describe how students, / most often girls, / hurt their own friends through harmful words / and behavior. // Both the students who are victims of this kind of aggression / and the students who are aggressors / may end up depressed or anxious. //

☐ I read the passage in phrases out loud to my partner.

Passage 6 p. 32