Day Two SCD

Part 1: Tricky phrases and words



| Read these phrases and words out loud to your partner. | | | |
|---|------------------------------------|---|--|
| | SCD affects the red blood cells | | |
| | These clumps cause damage and pain | | |
| | great pain that can last for days | | |
| | Both parents must carry the trait | | |
| | SCD most often affects people | | |
| | | | |
| | disease | dih ZEEZ | |
| | typically | TIH pih kuh lee | |
| | trait | TRAYT | |
| | Mediterranean | meh dih tur RAY nee an | |
| | awareness | uh WAYR ness | |



Decoding practice:

We break words into syllables where we see two consonants in the middle of words.

- Underline the middle two consonants
- Draw a line between the two consonants
- Put a short vowel sign over the first vowel
- Say the word with your partner

The first one is done for you.

contains victim absent discuss

stigma intense public



Part 2: Last read WPM _____

| Our blood contains both red and white blood cells. SCD affects the red blood cells. | |
|---|--------|
| Typically, red blood cells are round and flow easily. SCD victims have red blood cells | |
| that are shaped like tiny half moons. These cells stick together. These clumps cause | |
| damage and pain throughout the body. | 50 |
| | |
| Kenya, 25, has SCD. During one crisis, she went to the ER. "The pain was so intense," | 67 |
| she said. "My arms and legs were on fire." She knew what drugs she needed. "The nurse | 84 |
| wouldn't give them to me. He thought I was faking!" she said. | 96 |
| SCD victims may feel fine most of the time. Then, they have a crisis: great pain that can | 114 |
| last for days. During a crisis, the person must rest. Students with SCD may have to be | 131 |
| absent often. They can feel left out or different. The disease itself may carry a stigma. | 147 |
| SCD is passed down in a family. Both parents must carry the trait for their child to | 164 |
| develop SCD. SCD most often affects people whose families came from Africa or the | 178 |
| Mediterranean. There is no cure. But with good care, victims can live full, happy lives. | 193 |
| Many people don't know whether they carry the SCD trait. Leaders at the White House | 208 |
| met to discuss SCD. One topic they discussed was how to get more people tested. | 223 |
| Today, many people are pushing for public awareness about SCD. They also raise money | 237 |
| for research so that one day, there will be a cure. | 248 |
| Part 3: Comprehension and discussion | |
| Kids with SCD can feel left out or different. How could you help a classma has SCD? | te who |
| | |
| Share your answer with your partner. What ideas can your partner add? | |
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